



A Teaching Affiliate of the University of Miami Miller School of Medicine

5301 South Congress Avenue Atlantis, Florida 33462

Cardiac Cath Lab Pre Procedure Instructions

Patient Name: _____

1. Your procedure is on: _____
2. The Cardiac Scheduler will call you the day before your procedure to tell you what time to arrive at the facility. We will call between 1-5 pm.
3. Do not eat after midnight before your procedure. You can have clear liquids until you arrive.
4. You may take your morning meds with a sip of water the morning of the procedure. (You may take Aspirin, Plavix, Blood Pressure and Heart medicines).
 - * DO NOT TAKE: Diabetic meds: Metformin, Glypizide, Glyburide, Insulin, etc. (A.M. of procedure)
 - * DO NOT TAKE: Diuretics: Furosemide, Hydrochlorothiazide, etc. (A.M. of procedure)
 - * DO NOT TAKE: Coumadin, Warfarin, Jantoven, Xarelto, Pradaxa, Eliquis, Savaysa, as instructed by your physician.
5. You will be at the hospital most of the day (6-8 hours).
If you have a stent placed, you may stay overnight.
6. You will not be able to drive yourself home the day of the procedure. Arrangements need to be made prior to the procedure.
7. Please bring your insurance card, photo ID, and a current list of your medicines.
Please provide a copy of living will if at all possible.
8. No jewelry and leave valuables at home.
9. Please wear comfortable clothing.
10. You may have "1" Person accompany you.
11. If you have any further questions, Please call the Cardiac Scheduler at 561-548-1248, Monday to Friday 10 am to 5 pm.

For registration/insurance related questions, please call 1-877-351-7006

Directions to JFK Medical Center:

*** Please enter through the South Entrance / Rothman Center Entrance

Not Part of the Legal Health Record